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## **Plant Morphology: An activity program for use in therapeutic recreation, horticultural therapy, adult education, and youth activities**

Booklet #1. Exploring the growth and form of plants: a six-week syllabus for beginner botanists of all ages

Booklet #2. Four botanical activities

Audiences for these 2 booklets:

### Audience A: Clients in horticultural therapy or therapeutic recreation programs:

This includes a wide range of ages and abilities in institutions, outpatient settings, vocational education, and community programs. These 2 booklets can be selected to match the ability levels and therapeutic goals of the participants. The instruction sessions can be adapted as needed. Our conduit to this audience is via the professionals of the American Horticultural Therapy Association\*\*, the American Therapeutic Recreation Association, and the National Council for Therapeutic Recreation Certification.

### Audience B: Adults and volunteers:

Master Gardener programs\*\*

Master Naturalist programs\*\*

High school Vocational Agriculture courses in plant science

Municipal and school district adult education departments

Senior Centers and other local activity groups

### Audience C: Youth activities:

4-H clubs\*\*

“Roots & Shoots” program of the Jane Goodall Institute\*\*

Municipal and school district recreation departments

Day camps, summer camps, Boys & Girls Clubs, Scouts, etc.

Audience D: Botanical education programs for all ages:

Botanical gardens, natural history museums, arboreta, nature centers  
College and university continuing education programs

\*\*These programs and organizations have a national structure and network that can be involved in writing and reviewing these booklets. Different editions can be customized to each audience or sub-group of an audience. We hope to have representatives of these programs serving on our Advisory Committee.

The 2 booklets can be purchased separately.

For Booklet 1 and Booklet 2, there will be free online resources for the use of instructors or readers engaged in independent study.

Throughout the text, there will be tips on how to use this work in an intergenerational setting. For example, a senior citizen and a young person can work through the booklets side-by-side or remotely in a pen-pal relationship. Communication channels such as Skype or Face Time can be used to implement this relationship.

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